

Dietitian CE

How Childhood Abuse and Neglect is Linked to Diabetes in Adulthood

1. Obesity is positively associated with which form of childhood abuse?

- A. Sexual
 - B. Physical
 - C. Emotional
 - D. All of the above
-

2. Results from the Adverse Childhood Experiences Study show that the number of adverse experiences is significantly related to:

- A. Disordered eating
 - B. Low levels of physical activity
 - C. Obesity
 - D. Diabetes
 - E. All of the above
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3. What is the explanation for the relationship between child abuse and neglect and negative health outcomes?

- A. The chronic stress associated with child maltreatment causes detrimental and lasting neurobiologic changes, such as hypothalamic-pituitary-adrenal (HPA) axis dysregulation, that lead to poor health behaviors and outcomes.
 - B. Child abuse and neglect results in conflicted relationships, poor self-esteem, and the subsequent adoption of health-risk behaviors.
 - C. Both (A) and/or (B).
 - D. None of the above.
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4. Repeated sexual abuse was found to be significantly associated with diabetes among _____, even after adjusting for BMI category.

- A. Men
 - B. Women
 - C. Both men and women
 - D. Neither men nor women
-

5. BMI category was positively associated with prediabetes and diabetes for:

- A. Men**
 - B. Women**
 - C. Both men and women**
 - D. Neither men nor women**
-

6. BMI category did not serve as a mediator of the relationship between sexual abuse and diabetes in men.

- A. True**
 - B. False**
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7. There is significantly elevated odds of myocardial infarction among women who were exposed to childhood sexual abuse compared to their unexposed counterparts.

- A. True**
 - B. False**
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8. Women who reported experiencing 1 to 2 neglect incidents were more likely to develop prediabetes.

- A. True**
 - B. False**
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